

8-Day Educational & Adventure Tour of Puerto Rico

A perfect blend of cultural immersion, eco-tourism, and adventure!

Day 1: Welcome to Puerto Rico

- Arrival at **SJU** and private transfer to hotel in San Juan
- Welcome dinner at a traditional Puerto Rican restaurant
- Brief introduction to Puerto Rican history and culture

Day 2: El Yunque Rainforest & Bomba y Plena Experience

- Full-day guided tour of **El Yunque National Forest** (hiking, waterfalls, ecology discussion)
- Traditional lunch at a local roadside eatery
- Afternoon **bomba y plena** workshop with a local cultural group (history, dance, and drumming lesson)
- Free evening in San Juan

Day 3: Ponce - History, Art, and Salt Flats in Ponce

- Historical walking tour of **Ponce** (**Parque de Bombas**, **Plaza Las Delicias**, **Castillo Serrallés**)
- Visit to the Ponce Art Museum or mural tour
- Lunch in Ponce's city center
- Tour of the **Cabo Rojo Salt Flats** and **Los Morrillos Lighthouse**
- Check-in at hotel in the southwest region
- Free evening or optional sunset viewing at Playa Buyé

Day 4: Eco-Tourism & Bioluminescent Bay in La Parguera

- Snorkeling adventure in the mangroves near **La Parguera** (marine ecology discussion)
- Lunch in a fishing village
- Afternoon visit to a local farm for an educational experience (sustainable farming, language practice at a farmers market)
- Sunset boat tour & swim in the bioluminescent bay
- Return to hotel

Day 5: Adventure Day in the Mountains

- Full-day adventure in the Central Mountains: spelunking in a cave system, ziplining, and a short hike
- Lunch at a local fonda (small eatery)
- Visit a manatee rescue center to learn about conservation efforts
- Return to San Juan for the evening

Day 6: Old San Juan Exploration, Mofongo Cooking Class & Street Art in Santurce

- Guided walking tour of **Old San Juan**, including **El Morro** and **San Cristóbal Forts**
- Afternoon exploration of **Santurce's** street art and murals (guided tour)
- Visit a local artisan market or cultural center
- Hands-on mofongo-making class with a local chef

Day 7: Beach & Relaxation + Farewell Dinner

- Relaxed morning at a scenic beach (options: **Piñones**, **Escambrón**, or **Isla Verde**)
- Lunch at a beachfront kiosk
- Free afternoon for last-minute shopping or personal exploration
- Farewell dinner with live music at a local restaurant

Day 8: Departure

- Farewell Breakfast
- Transfer to **SJU** for departure

